

SUPPLEMENTARY.

Table S1. Analysis of GAD-7 and HADS effectiveness as screening tools: literature review

Authors	Year	Group	Quantity	Scale	Result
Villarreal-Zegarra, et al. [1]	2023	Patients with anxiety and depressive disorders	1,347	GAD-7	Applicable for screening
Butcher, et al. [2]	2021	Male prisoners	1,205	GAD-7	Applicable for screening
Vogazianos, et al. [3]	2022	Pregnant and postpartum women	457	GAD-7	Applicable for screening
Manzar, et al. [4]	2021	Students	354	GAD-7	Applicable for screening
Bolgeo, et al. [5]	2023	Patients with ischemic heart disease	398	GAD-7	Applicable for screening
Martínez-Vázquez, et al. [6]	2022	Medical college students	170	GAD-7	Applicable for screening
Esser, et al. [7]	2018	Cancer patients	2,141	GAD-7 HADS-A	Applicable for screening
Kasyanov, et al. [8]	2022	RF population	5,116	HADS	Applicable for screening
Hartung, et al. [9]	2017	Cancer patients	2,141	HADS-D	Limited effectiveness
Garaiman, et al. [10]	2021	Patients with systemic sclerosis	316	HADS	Applicable for screening
Fernández-de-Las-Peñas, et al. [11]	2022	COVID-19 survivors	1,969	HADS	Applicable for screening

Note: GAD-7 — The Generalized Anxiety Disorder 7-item scale; HADS — Hospital Anxiety and Depression Scale.

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