

SUPPLEMENTARY.

Appendix 2. Interview with users of new psychoactive substances

Before we start the interview, do you have any questions that you would like to ask me?

This is followed by the explanatory part, in which the investigator talks in free form about new psychoactive substances and traditional drugs.

- Sex?
 - Age?
 - What is your employment status?
 - Your education?
 - Marital status?
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1. When and how did you start using new psychoactive substances?
 2. What types of new psychoactive substances have you used: mephedrone (meph, miow), alpha-PVP (bath salt, flakka, gravel, speeds), spices, pharmaceutical products (tramadol, Regapen, Lyrica, etc.)?
 3. Have you used traditional drugs in addition to new psychoactive substances?
 4. How often do you use new psychoactive substances?
 5. Have you used any new psychoactive substances in the last 30 days? Which ones?
 6. Where do you usually get new psychoactive substances?
 7. What, in your opinion, is the favorite new psychoactive substance of other consumers?
 8. What is your preferred new psychoactive substance?
 9. What is the average cost of one gram or dose of the new psychoactive substance you used in the last month? How many grams are in the doses you purchase? (*To calculate the cost per gram of the substance.*)
 10. What needs were you trying to satisfy by using new psychoactive substances?
 11. What are your reasons or motives for using new psychoactive substances?
 12. How does your behavior change after you use a new psychoactive substance?
 13. What do you want to achieve with new psychoactive substances?
 14. Where do you buy and obtain new psychoactive substances?
 15. How many new psychoactive substance users are you aware of in your environment?
 16. What do you know about the potential harm from using new psychoactive substances (for health, mental health, relationships within the family, relationships outside the family)?
 17. Do you feel an overwhelming need to continue using new psychoactive substances?
 18. Have you changed emotionally (become more aggressive, indifferent, cold, soft, kind, etc.) after you started using new psychoactive substances?
 19. Are you trying to reduce your use of new psychoactive substances? How?
 20. Is there any need for help for users of new psychoactive substances?
 21. Do you have friends or relatives who could help and support you if you decide to end the habit, or help you financially?
 22. How has the use of new psychoactive substances affected your life?
 23. Do you condemn and blame yourself for using new psychoactive substances?
 24. Do you feel guilty about using new psychoactive substances?
 25. Do you feel ashamed about using new psychoactive substances?
 26. How has the use of new psychoactive substances affected your relationship with your relatives, people close to you, and friends?

27. Are there any support services available to users of new psychoactive substances, and are they aware of them?
28. Have you ever sought help from a psychologist, psychotherapist, or psychiatrist?
29. Are former users of new psychoactive substances ready to help and psychologically support active users of new psychoactive substances?
30. Are you ready to help and psychologically support other active users of new psychoactive substances?
31. Would former users of new psychoactive substances like to have any discussions with active users of new psychoactive substances to help them?
32. Do you trust the psychosocial services that can offer help?
33. Will you and other users of new psychoactive substances need psychological, social, medical, or any other type of help if you want to stop using?

Are all these questions clear to you? Is there anything else you would like to add about your experience with new psychoactive substances?