

Supplementary. Box S1

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How NGO Staff Understand Maslow's Hierarchy of Needs and MHPSS Pyramid in Iraq: A Pilot Descriptive Study

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This appendix is a part of the original submission.

The appendix is posted as it was supplied by the authors.

Section 1. Demographic

1.1. What is your age?

- 18–24
- 25–34
- 35–44
- 45–54
- 55–64
- 65 or older

1.2. What is your gender?

- Male
- Female

1.3. What is your educational background?

- High School or equivalent
 - Bachelor's degree
 - Master's degree
 - Doctoral degree
 - Other (please specify)
-

1.4. In which field or component do you work in humanitarian/NGO?

- Protection (GBV and child protection)
 - Health
 - Education
 - Other (please specify)
-

1.5. How many years of experience do you have working in the humanitarian field?

- Less than 1 year
- 1–3 years
- 4–6 years
- More than 6 years

Section 2. Familiarity with pyramids models

2.1. Have you heard of Maslow's hierarchy of needs (Maslow's pyramid)?

- Yes
- No

2.2. Have you heard of the MHPSS pyramid of intervention?

- Yes
- No

Section 3. Differentiation between Maslow's pyramid and MHPSS pyramid

3.1. What do you perceive as the primary focus of Maslow's pyramid?

- Individual needs and motivation
- Collective needs of communities
- Both

3.2. What do you perceive as the primary focus of the MHPSS pyramid?

- Individual needs and motivation
- Collective needs of communities
- Both

3.3. Is it common for you to confuse Maslow's pyramid with the MHPSS pyramid?

- Yes
- No

Section 4. Reasons for confusion

4.1. What do you think is the primary cause of potential confusion between Maslow's pyramid and the MHPSS pyramid, considering their differences?

- Similar pyramid structure
- Lack of awareness about MHPSS pyramid
- Both

4.2. Do you think the level of education in psychology contributes to the confusion between MHPSS and Maslow's pyramids?

- Yes
- No
- Not sure

Section 5. Implications for mental health support on humanitarian settings

5.1. In your opinion, what are the potential implications of an individualistic focus on mental health support?

- Narrow understanding of mental health
- Ignoring social and community support
- Both
- None

5.2. In your opinion, what are the potential implications of a collective focus on mental health support?

- Overlooking individual needs and experiences
- Recognizing the importance of social support
- Both
- None

Section 6. General feedback

6.1. Do you have any additional thoughts on the differences between Maslow's pyramid and the MHPSS pyramid, and do you have suggestions for improvements or any specific initiatives to consider?

Note: NGO — non-governmental organization; GBV — gender-based violence; MHPSS — mental health and psychosocial support.