SUPPLEMENTARY.

Appendix 2. World Psychotherapy Survey questionnaire adapted for use in Russia (back translation into English).

Psychotherapy Training within Psychiatry Training Structure

Please answer the questions in this section about how psychotherapy training is conducted in your city:

1. In which city did you undergo/are you undergoing your psychiatry training? _____

2. Is the "Psychotherapy" section included in the psychiatry training program (curriculum) that you underwent/are undergoing?
   - ○ Yes, it is (was) included
   - ○ No, it is (was) not included

   2.1. If the "Psychotherapy" section was/is included in the psychiatry training program (curriculum) that you underwent/are undergoing, is/was it mandatory or an optional course?
   - ○ mandatory course
   - ○ optional course

   2.2. If the "Psychotherapy" section was/is included in your psychiatry training program (curriculum), how is the training conducted? *(Please indicate all applicable options)*
   - ○ Theoretical classes
   - ○ Practical trainings
   - ○ Personal psychotherapy

   2.3. If the "Psychotherapy" section is included in your psychiatry training program (curriculum), please indicate the psychotherapy modalities studied *(Please indicate all applicable options)*
   - ○ Cognitive Behavioral Therapy
   - ○ Family Therapy
   - ○ Psychodynamic Psychotherapy
   - ○ Psychodrama
   - ○ Interpersonal Psychotherapy
   - ○ Other: _____

3. Do you receive psychotherapy supervisions in your city?
   - ○ Yes
   - ○ No

   3.1. If yes, please specify if they are optional/mandatory?
   - ○ Mandatory
   - ○ Optional
   - ○ Don't know

   3.2. If yes, please specify duration during the whole training:
   - ○ Less than 50 hours
   - ○ 50-100 hours
   - ○ More than 100 hours

4. If you wanted to undergo psychotherapy training in your city, this would be paid for by:
   - ○ Fully by the trainee
   - ○ Fully by the hospital / training institution
   - ○ Fully by the government
   - ○ A part by the trainee and the other part by another source

Psychotherapy Training Outside of Psychiatry Training Framework

Please answer the questions in this section about your personal experience of psychotherapy training outside of psychiatry training.

5. Have you ever undergone psychotherapy training?
   - ○ I have a psychotherapist certificate
   - ○ I am currently undergoing psychotherapy training
   - ○ I have not undergone psychotherapy training, but I plan to
   - ○ I have not undergone psychotherapy training and do not plan to

   5.1. If yes, please indicate which psychotherapy modalities you trained in (Please indicate all applicable options):
      - ○ Cognitive Behavioral Therapy
      - ○ Family Therapy
      - ○ Psychodynamic Psychotherapy
      - ○ Psychodrama
      - ○ Interpersonal Psychotherapy
      - ○ Other: _____

   5.2. If yes, please specify how satisfied were you with your psychotherapy training?
      - ○ Very satisfied
      - ○ Satisfied
      - ○ Neither satisfied nor dissatisfied
      - ○ Dissatisfied
      - ○ Very dissatisfied

6. In what type of institutions did you undergo (or are you currently undergoing) psychotherapy training: (Please indicate all applicable options)
   - ○ Public training institution
   - ○ Private training institution

7. Do you think psychotherapy should be included in the psychiatry training?
   - ○ Yes
   - ○ No

   7.1. If yes, please indicate which psychotherapy modalities should be included:

   _____

   7.2. If yes, please specify if you think it should be optional/mandatory:
      - ○ Mandatory
      - ○ Optional

8. Have you undergone through personal psychotherapy yourself??
   - ○ Yes
   - ○ No

Demographic Information

9. Indicate your sex
   - ○ Female
   - ○ Male
10. Indicate your age (years): _____
11. Indicate the year you completed your psychiatry training (if applicable): _____
12. In which area of psychiatry do you specialize?
   - ○ Psychiatry trainee
   - ○ Psychiatrist
   - ○ Child and Adolescent Psychiatrist
   - ○ Psychotherapist